

Washington Medical Case Management Association eNewsletter

Spring 2017

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President's Message



It's hard to believe that March is almost over and Spring has finally arrived! Just thinking about it makes me smile. I think of the tulips that are coming up, watching all the different shades of green as all the bare trees in my yard start to bud, and more sun! I live in the Seattle area, so that alone is a big one to look

forward to.

One thing I've reminded myself of lately, and anyone who works with ill or aging clients, we don't really work with patients and illnesses, we work with people with lives, some with families and others who are all alone in this world. And where ever you work, you work with people, and most of the time, it's all good, but we can all have those "bad hair days", male or female! Every call you make to check on a patient, every patient you see in your clinic, everyone laying in that hospital or LTAC bed is much more than their illness or life altering event they've just lived through is a person with a life they've lived and survived through. And we want to be a part of making it better.

So as we enter into this new season, I just wanted to share with you my favorite quote

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

-[Maya Angelou](#)

I encourage you to do what you do every day in working with clients to remember this. It may just be that one thing that gets that difficult patient to comply with his treatment or medication management. It also may be the best thing that could have happened to your co-worker when you not only asked how they were doing, but you waited and listened to what they were going through, good or bad. And at our next WMCMA Luncheon I encourage you to get to know one new RN, LPN, MSW or attendee you've not sat with before and really get to know them and not just where they work or what they do, but get to know them, and I bet they "will not forget how you made them feel" as you won't forget how they made you feel also!

We have a great association WMCMA is, I am honored to serve again this year on your board, and I look forward to us growing in membership this year so we can meet new people, have new resources, and really appreciate everyone's good work they do on a daily basis.

Thankfully,
Terri Wilson, RT, CVT
WMCMA President 2017

WMCMA April Monthly Meeting

Thursday April 13th, 2017

11 a.m. to 1:00 p.m.

Check-In 11:00 ~ Lunch/Networking

11:30 ~ Program 11:50 - 12:50



LOCATION:

Lynnwood Convention Center
3711 196th St SW
Lynnwood, WA 98036

COST:

\$20 for members; \$30 non-members; \$10 teleconference

~First Time Attendees are always free so please join us for your first time or bring a friend and share WMCMA with your professional network~

Application has been made for pre-approval by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers for 1.0 CE contact hour(s).



"Introduction to Industrial Hygiene and Workplace Health and Safety" 1.0 CE

Special Guest Speaker:
Dana Stahl, MS, CIH

**Instructor and Content Manager, University of Washington
Department of Environmental & Occupational Health
Sciences, Continuing Education**

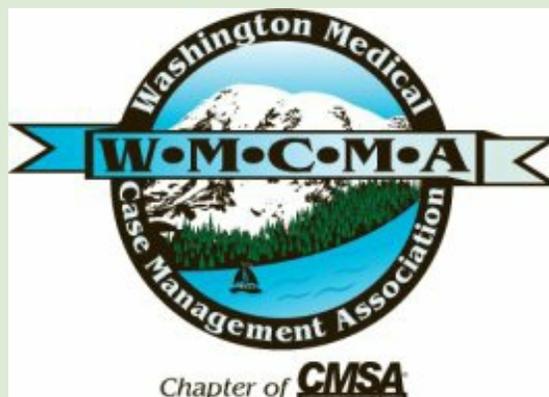
Dana Stahl, CIH, is a Certified Industrial Hygienist and 2016 President of the Pacific Northwest Section of the American Industrial Hygiene Association. She is currently working at the OSHA Training Institute Education Center at the University of Washington as a business development manager and instructor. Dana has more than twenty years of experience managing occupational health and safety programs for public agencies, including the Port of Seattle and Sound Transit, and with manufacturing companies including semiconductors, medical devices, and food manufacturing. She has managed industrial hygiene and hazardous materials management programs throughout her career. While at Sound Transit, she coordinated safety certification emergency drills for the initial segment of the Link Light Rail System, facilitated development of the initial Emergency Management Plan, and worked closely with local emergency managers and emergency responders. She holds an MS in Environmental Health, Industrial Hygiene and Toxicology, from the University of Washington and a BA in Cell Biology from the University of California, Berkeley.

REGISTRATION:

Registration is required. You can pay online at the time of online registration or indicate that you will be paying later or sending a check. If you are unable to register online, please call WMCMA at (425) 329-9456 or email us at contactWMCMA@gmail.com to register. Please help us by registering as soon as possible so we have an accurate count for room space and lunches.

**For program information and to register for lunch or
teleconference,
[REGISTER HERE](#)**

We hope you can attend either onsite or via teleconference for those that can't make it in person. We look forward to seeing you there!



Thank You to WMCMA for sponsoring our April meeting.

Register Now for JOINT CONFERENCE!



OMCMG and WMCMA Joint Conference

Hotel RL, Olympia Washington



WMCMA / OMCMG Joint Conference & Expo 2017

Saturday, April 29th, 2017

Hotel RL, Olympia
Evergreen Way, Olympia, WA
7:45 am to 4:00 pm

Registration is Required

WMCMA & OMCMG Members: \$70

Non-members: \$90

Reserve Your Seat!

**A collaboration of two CMSA chapters coming together for a day of
Education, Networking and Connecting with Vendors!**

Join WMCMA and OMCMG for what has become an annual tradition for case managers, nurses, social workers and healthcare professionals! A full day of education, networking, a fantastic vendor fair & up to 6.0 CEU's *including 1.0 Ethics CEU.*

**Keynote Speaker: Mary McLaughlin-Davis, DNP, MSN, APRN-BC, CCM,
President of Case Management Society of America (CMSA).**

*This program has been submitted to The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers for 5.0 CE contact hours, including 1.0 Ethics CE.
1.0 CE for Vendor posters.*

For full details about the event; topics, speakers, a detailed conference schedule, lodging information and to register, click on the registration link below.

Key Note Speaker

"CMSA Members are the Key to Care Coordination"



"Health Literacy the Key to Positive Patient Outcomes"

"Using Patient Activation to Transition Patients from Hospital to Home"

Mary McLaughlin-Davis, DNP, MSN, APRN-BC, CCM, became a certified case manager in 1993. She has provided care coordination services for inpatients, outpatients, and health care plans. Dr. Davis, as a Clinical nurse specialist, has worked extensively with patients having chronic disease, notably congestive heart failure and stroke. She is a Senior Director of care management for the Cleveland Clinic Health System and an adjunct nursing faculty member at Ursuline College. Dr. Davis serves as President for the Case Management Society of America, and is an active member of their Public Policy Committee. She speaks on care coordination topics both locally and at international conferences.

Guest speakers



"3Ds: Depression, Dementia, Delirium"

Dr. Haleh Nekooraad-Long, is a certified geriatric psychiatrist, and is working at Cascade Behavioral Health in Washington. As a geriatric psychiatrist, Dr. Nekooraad-Long primarily works with aging adults and issues regarding dementia, depression, and bipolar disorder. She also helps aging adults manage multiple medications and their possible interactions. Her experience includes being full time medical director with AltaVita Memory Care in Colorado.

She attended medical school at the University of Tennessee in Memphis. She completed her residency at the Emory University School of Medicine, specializing in general psychiatry. Following her residency, she completed a fellowship at the Emory University School of Medicine in Geriatric Psychiatry and Neuropsychiatry. Dr. Nekooraad-Long is a diplomat of the American Board of Psychiatry and Neurology, Inc., a member board of the American Board of Medical Specialties. She is also a member of the American Association of Geriatric Psychiatrists, the American Psychiatric Association, the Colorado Psychiatric Association, and the Boulder County Medical Society.



"Ethical Consideration in Case Management" 1.0 Ethics CE

Margaret Klein, RN, MS, MSN, JD is a nurse, attorney, ethicist, educator, and published author with over 40 years of experience in healthcare, law and the insurance industry. She has held positions in direct patient care, case management, hospital and clinical management and administration - serving in healthcare leadership positions for Legacy Health System, Oregon Health Sciences University, and Providence Health and Services.

As an attorney, she served with the Oregon Department of Justice, Trial Division.

If you have any questions, please email or call us at the contact information below. *All Attendee Registrations will be processed through the Oregon Medical Case Management Group.* We look forward to seeing you on April 29th!

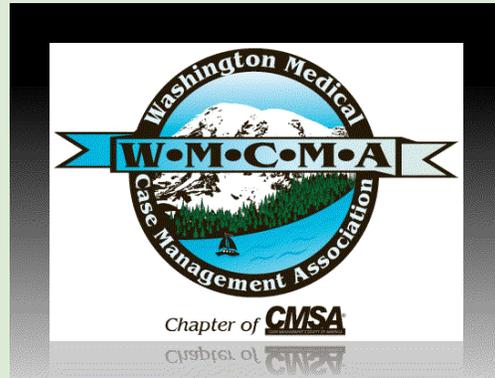
Register Here!

Thank you to our key sponsors for making this event possible!



WELCOME NEW WMCMA MEMBERS!

Welcome to the new WMCMA members who have recently joined. And welcome back renewing WMCMA Members. Enjoy one complimentary lunch presentation on us this year! **Attend a lunch presentation to pick up your CMSA member pin!** We look forward to seeing you at our next meeting.



New Members:

David Wayne Dewese Dirgo, RN CCM CPHQ

Symone Edwards, RN, CCM

Meghan Mary Garrett, MN RN

Cynthia Marie Hamilton, RN

Janelle Jensen, MS, LMFT

Tina L McGuire, RN

Rosanna Pace, LPN

Sylvana Rinehart, MA

Paul Aaron Savchenko

We're glad to have you join us and be a part of this great professional organization. **We want you to get involved! Start attending the monthly events and consider serving on a special committee or running for a WMCMA Board position.** If you have any questions regarding our local chapter, please feel free to contact us at (425) 329-9456 or contactWMCMA@gmail.com, or talk with one of the Board members at any of our events. Our event calendar is on our website www.wmcma.org. Make sure to join our [Event Invitation List](#) and add ContactWMCMA@gmail.com to your safe recipient list.

WELCOME!

NEW CEU Offering Coming Soon!

Do you need CEUs?

Are you having a harder time getting away from work to attend the WMCMA Monthly Lunch Presentations?

Does your current work location prohibit you from attending?

We are currently working on switching out our teleconference offering to a webinar system as well as providing 1.0 CE video recordings of our monthly lunch presentations. We plan to have our first offering available in 2017! Stay tuned and make sure to add contactwmcma@gmail.com to your safe recipient list to receive our event "Invitations to Register".

In the meantime, if you aren't able to attend our Monthly Meetings in person, consider listening by Live Teleconference. The teleconference cost is only \$10 and includes CE when available!

Not Getting your CEUs from WMCMA?

WMCMA sends all WMCMA program evaluations and CEs online via email. Attendees should receive an email with the link to the program evaluation and CE instructions within a few days of the CE presentation. Attendees have one week to complete the evaluation. Once that one week deadline has passed, attendees who requested a CE will receive the CCM certificate via email. If you attended our programs and did not receive the evaluation email within a few days, contact us at contactWMCMA@gmail.com or (425) 329-9456.

Please note that while MOST of our educational programs have CEs attached to them, some don't due to restrictions by the speaker/sponsor. This will be noted in the event information.

Advertise your Case Management Position with WMCMA



Did you know that WMCMA is able to advertise job opportunities directly to our members and other case management professionals who are on our email list? Do you have a position to offer?

We've had many employers tell us that they fill their positions based on the advertising done through us. Our members appreciate hearing about job opportunities available to them and employers feel they are really able to gear their open positions towards their intended audience. To learn more about our simple classified advertising process, click [here](#).

Other Events of Interest / Educational Offerings

Online Educational Resources:

- **CMSA's** online educational resource, offering programs to case managers and allied health professionals serving the case management industry. Click [here](#) to get to CMSA's Educational Library.
- **Dorland Health**, who partners with CMSA and brings us Case In Point, provides pre-approved continuing education programs for professionals involved in case management. Click [here](#) to access their CE programs.
- **Nurse.com** offers CE hours for case management as well. Click [here](#) to access their CE programs.
- **PRIME®** provides CCM and other CE credited programs online at little or no cost. If you are looking for CCM hours, click [here](#) for a list of CCM programs through PRIME®.
- **AAACEUs.com** also provides CE credited programs including CCM. Most of these courses do have a fee attached but there are some free courses available as well. Click [here](#) to visit the CCM credited programs listed on their website.

If your company or organization is holding an event that would be of interest to our audience, or if you hear of one that you think would be of interest to this group, we will include that in our monthly newsletter free of charge. Send the details of the event to contactWMCMA@gmail.com by the 2nd week of each month to have your event advertised in that month's newsletter, which comes out the 3rd week of each month.

WMCMA Monthly Meetings & Events Schedule for 2017

WMCMA meets the second Thursday of each month except for the months of **May, June and **July**. Please note the meeting dates and locations below:**

2017 Monthly Meetings:

1/13/2017 11:00am - 1:00pm at Lynnwood Convention Center, 1.0 ce
2/09/2017 11:00am - 1:00pm at Lynnwood Convention Center, 1.0 ce
3/09/2017 11:00am - 1:00pm at Lynnwood Convention Center, 1.0 ce
4/13/2017 11:00am - 1:00pm at Lynnwood Convention Center, 1.0 ce
4/29/2017 7:45am - 4:00pm **WMCMA/OMCMG Joint Conference** - Hotel RL, Olympia, WA, 6.0 Ce
5/2017 - No May Meeting - Due to Joint Conference
6/2017 - NO JUNE MEETING
7/2017 - NO JULY MEETING
8/10/2017 - 11:00am - 1:00pm Lynnwood Convention Center, 1.0 Ce
9/08/2017 - 11:00am - 1:00pm Lynnwood Convention Center, 1.0 Ce
10/12/2017 WMCMA Annual Fall Conference & Expo at Lynnwood Convention Center, 6.0 Ce
11/09/2017 11:00am - 1:00pm at Lynnwood Convention Center 1.0 Ce
12/14/2017 Holiday Party & Silent Charity Auction - 11:00am - 2:00pm Lynnwood Convention Center

Annual Special Events:

WMCMA Annual Spring / Joint Conference & Expo:

Saturday, April 29, 2017 at the Hotel RL in Olympia, WA

WMCMA Annual Fall Conference & Expo:

Thursday, October 12th, 2017 at the Lynnwood Convention Center

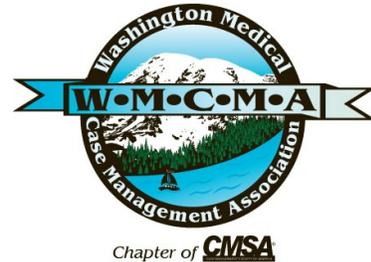
WMCMA Holiday Party & Silent Charity Auction:

Thursday, December 14th, 2017 (11:00am - 2:00pm) at Lynnwood Convention Center.

About WMCMA

Washington Medical Case Management Association (WMCMA) is a not-for profit organization dedicated in supporting the development of the profession of case management by providing its members with networking and continuing education offerings.

WMCMA is the WA-1 affiliate chapter of the Case Management Society of America, CMSA, a nationally recognized case management organization. Both WMCMA and CMSA are committed to education, research, and networking. As well, both are dedicated to legislative tracking through grassroots efforts.



Through the support of a certification program, CMSA continues to enhance the level of case manager professionalism - furthering the development of a new, higher level of industry expertise. As well, CMSA/WMCMA provides to its members nationally recognized Standards of Practice for Case Management and a peer-reviewed Ethics Statement on Case Management.

2017 WMCMA Board of Directors

President: Terri Wilson

Vice President/President-Elect: Kathleen Parry

Secretary: Laura Opson

Treasurer: Faith Holland

Immediate Past President: Barbara Fetty-Solders

Board Members/Directors:

Sherrlynn Carpenter

Mary Hughes

Rebecca Lai

Diane Lepsig

Krislynn Markey Schultz

Sheila Malmberg

Mary McDaniel

Shelley O'Brien

Executive Director:

Rebekah Burdick

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Web: www.wmcma.org



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